



## Session #1 - Designed to Hear God

1. Have you ever asked God to speak to you?
  - If so, share your story... What kind of response did you receive?
  - If not, what's holding you back?
2. Watch **Audible, Session 1** (approx. 8 minutes)
3. Love is the foundational attribute for everything we experience and say about God (**see 1 John 4:7-10**).
  - What has been your experience of God so far in your life? Do you have a relationship with God?
  - Would you say that LOVE has been the main characteristic of your experiences with God?

4. The Bible is full of examples of God communicating with people. Choose one or more passages from the list of examples that Randall cited and read them with your group:

- **Garden of Eden** - Genesis 3:8-13 - God and humankind met regularly to converse. The Fall broke that regular connection.
- **Noah** - Genesis 6:9-22 - God was grieved by humanity's direction. He communicated directly with Noah about his plans.
- **Abraham** - Genesis 12:1-3 - God chose Abraham, the father of his chosen people and communicated directly with him.
- **Joseph** - Genesis 41:15-16 - Joseph knew that God speaks plainly to people, even a man like Pharaoh.
- **Samuel** - 1 Samuel 3:1-11 - This story illustrates that not all God's people are listening to him. Yet, God still speaks and desires to be heard.
- **Joseph & Mary** - Luke 1:26-38 / Matthew 1:18-24 - God communicates very closely with the future parents of his son.
- **Peter** - Acts 10:9-23 - Peter receives a vision which confirms that God is desiring all people to know him, not just one nation.
- **Paul & Silas** - Acts 16:6-10 - God gave specific directions to Paul and Silas on their journeys.

Christians are quick to point to the Bible as the main way that God speaks. At the same time, Randall reminds us that God doesn't limit himself to speaking exclusively through scripture. What do you make of that? How does that align with your own experience?

5. **Read Romans 5:10-11**. Circle back to question 3 about God's love and your experience of him. Where would you want your experience of God to go next? What would it take (from your side at least) to get there?

# Anchor Crew Questions

At the heart of The Anchor Initiative is the 3-2-1 Process:

- A “Crew” of at least 3 people
- Meeting 2x a week, to encourage each other
- While each of you forge 1 Habit.

Let these questions guide your check-in with each other:

1. Share with the Crew how the last week has been with your habit formation... The good... the bad... and the ugly.
2. If it's going well, celebrate! If you've been struggling with the habit, what could you try to make it better? How can the Crew help you?
3. What has the work of habit formation revealed to you about God's work in your life this week? How does that change things for you?
4. Is there anything about Randall's talk that might compliment or change your approach to your daily habit? What about Randall's practice of putting a penny in your shoe as a reminder to ask God (as a friend) what he wants to say to you. Would you consider trying something like that?

